Теребовлянський центр позашкільної роботи дітей та юнацтва

**«My way of health life»**

(Здоровий спосіб життя)

Конспект заняття



**Теребовля - 2016**

**Тип заняття**: вдосконалення вмінь та навичок.

**Мета заняття**:

1. *практична:*

- удосконалювати вміння вживати ЛО на рівні вільного говоріння за темою;

- удосконалювати навички читання з метою отримання інформації;

- удосконалювати навички мовлення на основі практичного тексту.

*2)освітня:*

- розширити знання гуртківців за темою

*3)розвиваюча:*

- розвивати мислення шляхом розв’язання поставлених завдань;

- розвивати логічне мислення.

*4) виховна*

- розвивати вміння працювати в групі.

**Обладнання:** зошит, тематичні малюнки, аудіо матеріали, костюми для інсценування сюжетів.

**Хід заняття**

***I.Організаційний етап:***

1. Привітання. заняття

- повідомлення теми, мети заняття ;

- презентація учасників.

***II Основний етап:***

*Керівник гуртків*: Dear boys and girls, teachers, parents! We’re glad to see you. My name is Bogdan. I’m seven. I’m in the second form. We know a lot of poems about birds and animals. We like to sing songs and play games. We like our English book and its heroes. Let’s start our lesson.

*Вступний діалог героїв:*

- Hi! I’m Lena. I like summer. I like to play tennis.

- Hello! I’m Liza. I like swimming.

- Hi! My name is Julia. I like basketball and football.

- Hello! My name is Nastya. I like to ride and I like horses.

- I’m Veronika. I like to jump and to run in the park. I like dancing too.

- Hi! I’m Ilya! I like football and fishing!

- Hello! I’m Bogdan. I like riding a bike and swimming.

- Hi! I’m Bogdan too! I do judo and karate.

- Hello! I’m Pavel. I like climbing the trees.

*( All together ( разом))*A sound mind in a sound body.

- We have holidays in spring, summer, autumn and winter.

*( All together ( разом))*We like all seasons.

*-* It’s warm today. We can see flowers and baby animals. We go for a walk.

*-* It’s often cool. Some trees are brown or orange. We wear jackets. We like to play and go to the park.

*-* It’s cold. we wear boots and gloves. Sometimes we can ice-skate.

*-* It’s hot. We can wear shorts and T-shirts. We can go to the beach and we can swim.

***Діти співають пісню* Good morning ,Tom! How are you?**

*-* And now I want to tell you what we do in the morning:

- I get up at 7 o’clock.

- I have breakfast with my mum.

- I wash my face.

- I brush my teeth.

- I brush my hair.

- I say goodbye and I go to school.

- I come to school at 8 o’clock.

- The lessons start at half past eight.

- I wish you luck.

***Діти розповідають вірш* “ On the swing”.**

*Інсценування казки* **“ Sport means health”**

*Герої:* сестра та хворий брат, лікар, 4 сестри: дівчинка - зима, дівчинка - весна, дівчинка - літо, дівчинка - осінь, хлопець-жартівник, спортсмен.

*Сестра*: Dear friends! We all like sport and we may be healthy all year round. My brother is ill. Help us, please!

*Лікар:* OK. Let’s have a look.

Can you hop like rabbit? Can you jump like a frog?

Can you walk like a duck? Can you run like a dog?

Can you fly like a bird? Can you swim like a fish?

And be still, like a good child? As still as you wish?

No, I can’t help you?

*Брат:*Let’s go to four sisters? Maybe they’ll help me.

*Дівчинка-зима*: When it is the winter time? We go up the street

And we make the snow speak with our little feet,

I come with cold and snow, but you like me I know.

You can play snowballs, sledge and ski.

*Брат:*But it’s cold and frosty in winter. Let’s go to spring.

*Дівчинка - весна:*Spring is coming, spring is coming,

Flowers are coming too.

Snowdrops, lilies, daffodils  now are coming too.

Spring, spring, spring! The trees are green,

Blue skies are seen.

Grey winter has gone away! The world looks new and gay.

You can ride and skate. Spring is the morning of the year. Everything is fresh and new. Everything is full of joy.

*Сестра*: No, the best time for sport is summer. Let’s ask her.

*Дівчинка - літо:* This is a season when nights are short

And children have plenty of fun and sport

Boating and swimming all day long

Will make us healthy and strong.

You can play football and you can swim. You can play with your friends in the park.

*Сестра*: No, it’s too hot. Maybe autumn will help us.

*Дівчинка - осінь:*Look at me!

This is the season when days are cool

When we get apples and go to school.

You can run and jump.

*( З’являється хлопець-жартівник)*

*Сестра*:Oh, look! Who are you?

*Хлопець-жартівник:*I’m a smiling boy. Smile helps you to be healthy. Listen to my joke. Why is the hare white in winter? – Because it eats snow.

Are you better?

*Брат:* Yes I’m. Look how strong this boy is.

*Сестра*:The strong boy, help us! My brother is ill.

*( З’являється спортсмен)*

*Спортсмен*:Sport is the health. You may go in for sport in any season with a smile. And you’ll be never ill. And you may start from the morning exercises every day.

*Брат:*Thank you, my dear sister! Now I’m well. I know I’ll be healthy all year round.

*Усі герої разом співають пісню* “I get up in the morning…”.

Керівник гуртків: Good for you! I see you know a lot of poems, songs, plays. And now we come to a big play. It is **“The little house”**

There is a little house in the forest. A mouse runs by. “Little house, little house! Who lives in the little house?”

Nobody answers. So, the mouse begins to live in the house.

A frog runs by. “Little house, little house! Who lives in the little house?”

“I’m a mouse. And who are you?” – “I’m a frog. Let’s live together”.

So the mouse and the frog begin to live together.

A hare runs by. “Little house, little house! Who lives in the little house?”

“I’m a mouse.” “I’ m a frog. And who are you?” – “I’m a hare. Let’s live together”.

A fox runs by. “Little house, little house! Who lives in the little house?”

“I’m a mouse.” “I’ m a frog. “ “I’m a hare. And who are you?” – “I’m a fox. Let’s live together”.

A wolf runs by. “Little house, little house! Who lives in the little house?”

“I’m a mouse.” “I’ m a frog. “ “I’m a hare.” “I’m a fox. And who are you?” – “I’m a wolf. Let’s live together”.

A bear runs by. “Little house, little house! Who lives in the little house?”

“I’m a mouse.” “I’ m a frog. “ “I’m a hare.” “I’m a fox.” “I’m a wolf. And who are you?” – “I’m a bear. Let’s live together”.

‘You are too big!” say the animals. “You cannot live in this house!” – “Yes, I can!” roars the bear and sits down on the roof. And he breaks the house down.

Poor animals! How they have no house. “Let’s build a new house.” The new house is nice and big. Even the bear can live in it!

***III Заключний етап:***

*Керівник гуртків:* I enjoyed your work. All of you worked hard. Thank you.